



**For Immediate Release
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WHAT: Fresno County Public Library (FCPL) Offers STeP (Skills for Teen Parenting) Workshops

WHEN: Alternate Sundays, January 18 - May 31, 2015
1:00 pm – 3:00 pm

WHERE: Politi Branch Library, 5771 N First Street (SW corner of First Street and Bullard Avenue)

DETAILS: Fresno County Public Library (FCPL) is pleased to offer an ongoing series of ten life skills workshops for pregnant and parenting teen mothers on alternate Sunday afternoons at the Politi Branch Library. Free childcare will be provided in the Library, which will open from 1:00 pm – 3:00 pm on Sundays for these classes.

These workshops will help new and future teen mothers acquire the necessary knowledge, skills and tools to succeed as adults and parents. A variety of specialists in the community will present information on topics including practicing good nutrition, managing money, exploring housing options, continuing and/or finishing school, developing pre-employment skills and creating resumes, finding resources for quality child care, taking care of their health, developing good parenting skills and building healthy family relationships.

Funding for this project comes from the Library Services and Technology Act (LSTA) and is administered by the California State Library.

“The Library is thrilled to be able to offer these workshops for teen mothers to enable them to take charge of building better lives for themselves and their children,” said Fresno County Librarian, Laurel Prysiazny. “Fresno County Public Library is one of five libraries chosen statewide to move forward with this important work.”

FCPL hopes teens will attend the entire ten workshop series. Registration is required; call 431-6450 to sign up. Healthy snacks for both teens and their children will be provided.

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